



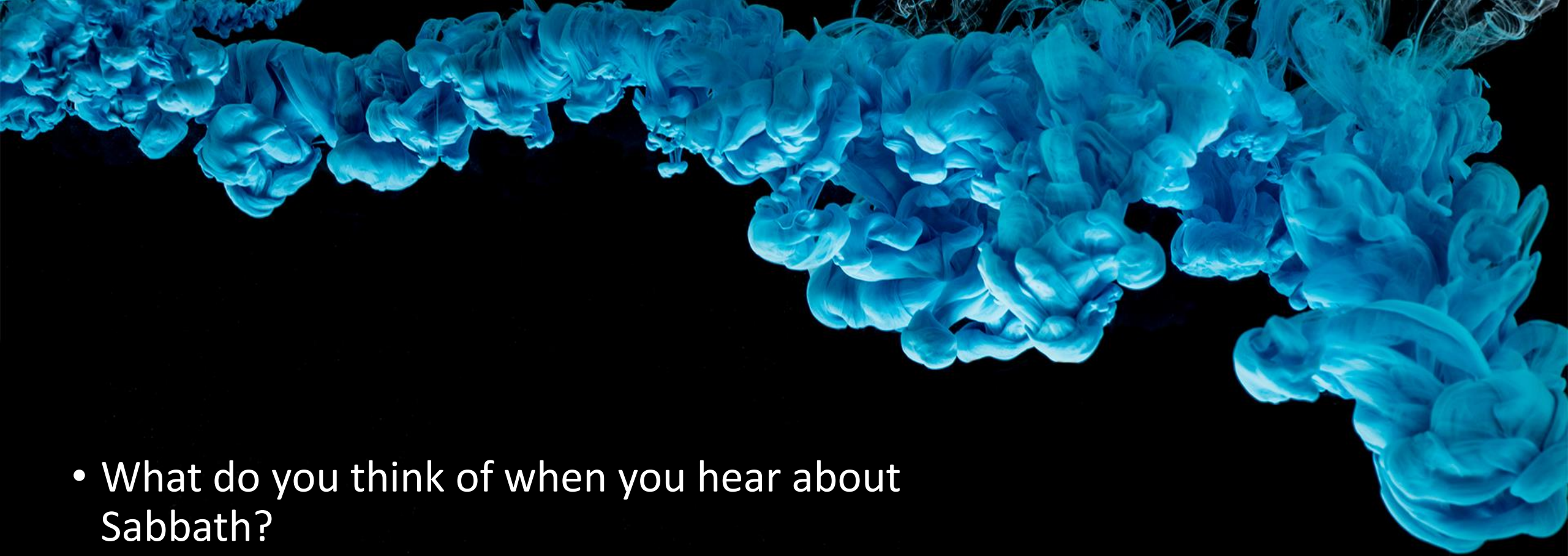
Sabbath as Prophetic Resistance

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 URBANA18



- What do you think of when you hear about Sabbath?
- What feelings do you associate with Sabbath?
- What are your questions about Sabbath?

Genesis 2:1-2



Mark 2:27

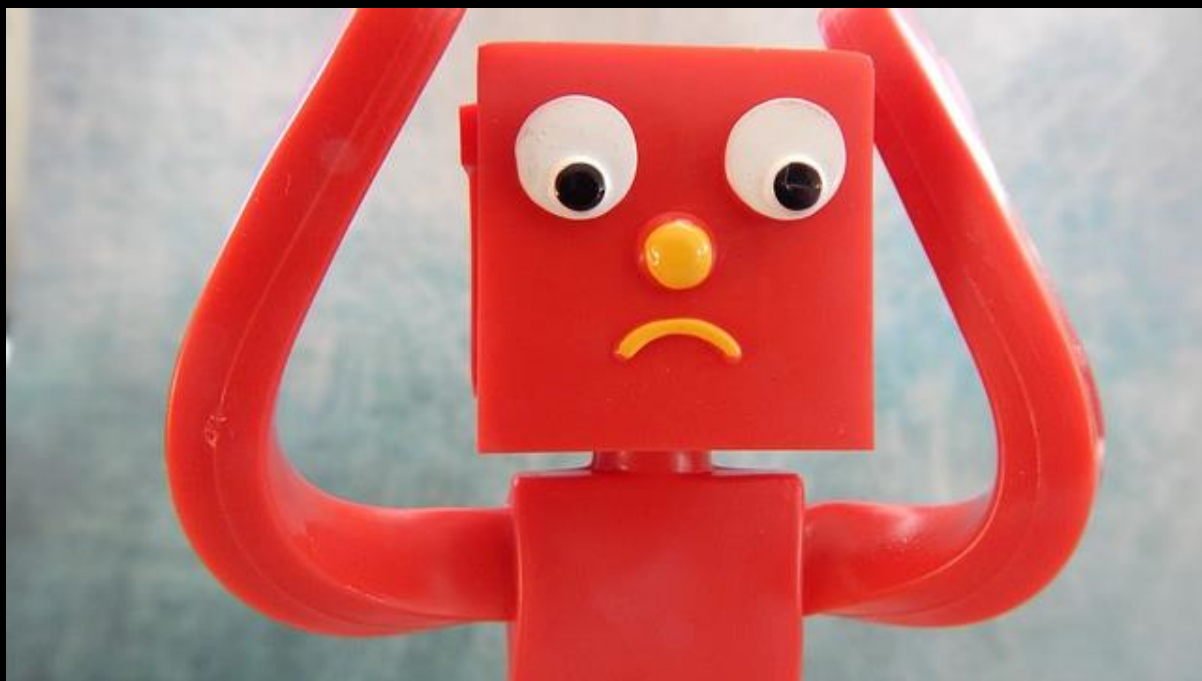
Exodus 20:2, 8-11



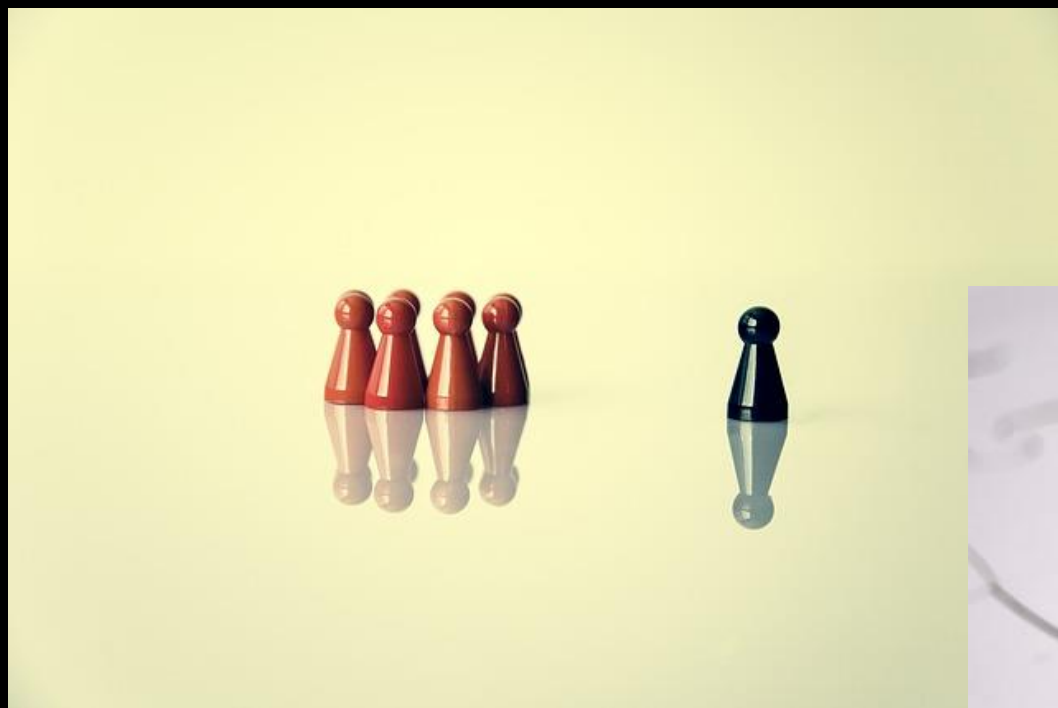
Slavery and Freedom



Anxiety and Rest



Exclusion and Inclusion



Idolatry and Worship





What is capturing your vision?

- Flourishing?
- Freedom?
- Rest?
- Inclusion?
- Worship?











2 Minutes: Make a Plan

- Schedule a day or half day for Sabbath or retreat
- Buy a book
- Text a friend your commitment