Child Health in the Majority World

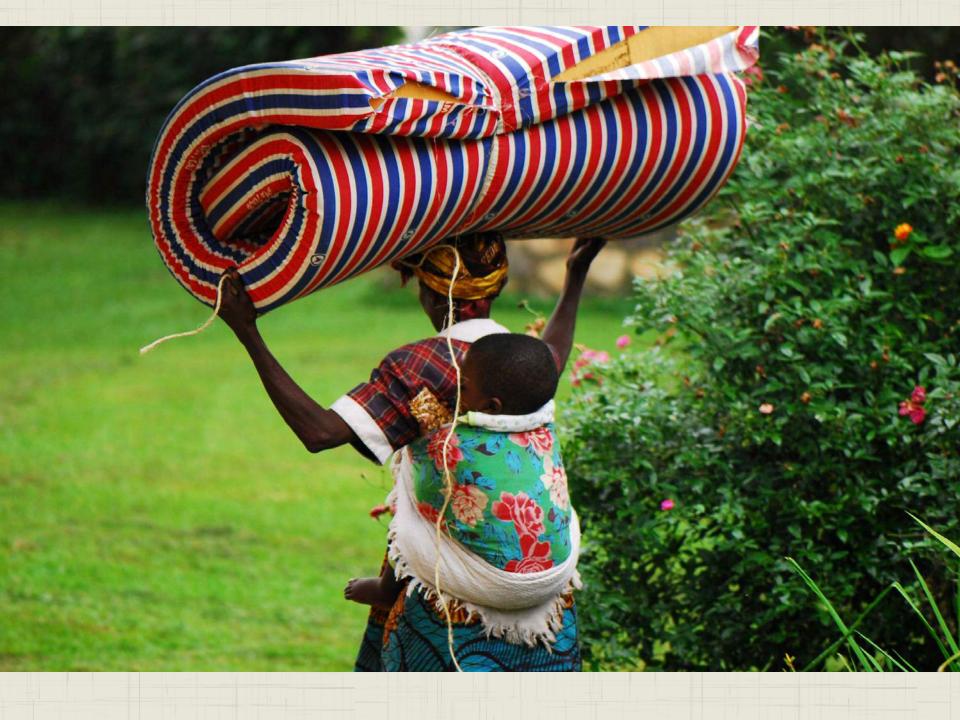
A Billion Reasons to Hope

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Child Health in the Majority World

Scope of the Problem

Biblical basis

Evidenced-based interventions

Lessons and Best Practices

Next steps

Scope of the Problem: Overview 25 years of Child Health in the Majority World

Morbidity and Mortality in under-5's

Mortality: counted per 1000 who don't reach age 5

- \rightarrow rate of 100/1000 (10%) = catastrophe
- →in sub-Saharan Africa rates can be even higher

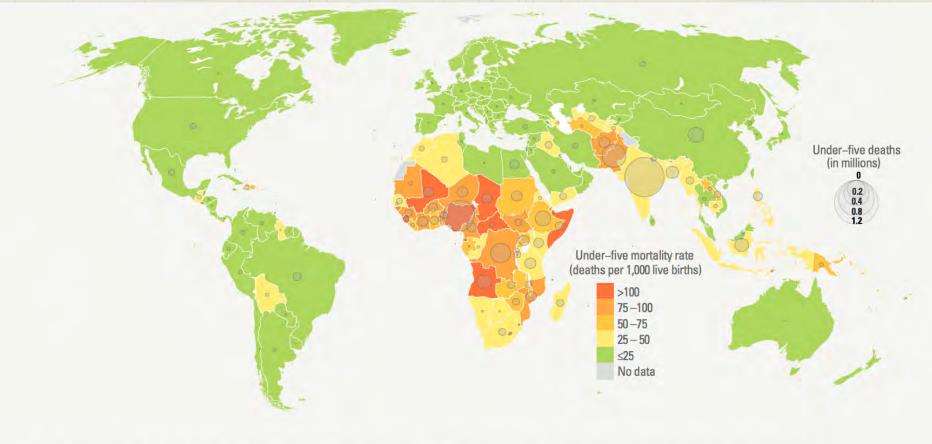
Cost Effectiveness

Investing in newborn interventions results in more years of life saved than treating adults (e.g., saving the life of a newborn results in 70-80 years of "life saved"...cost effective!)

Scope of the Problem

Morbidity and Mortality in under-5s





Ten countries with the highest under-five mortality rate in 2015

Ten countries with the highest number of under-five deaths in 2015

Country	Under-five mortality rate (deaths per 1,000 live births)	
Angola	157	
Chad	139	
Somalia	137	
Central African Republic	130	
Sierra Leone	120	
Mali	115	
Nigeria	109	
Benin	100	
Democratic Republic of the Congo	98	
Niger	96	

Country	Under-five deaths (in thousands)	Share of global under-five deaths
India	1201	20%
Nigeria	750	13%
Pakistan	432	7%
Democratic Republic of the Congo	305	5%
Ethiopia	184	3%
China	182	3%
Angola	169	3%
Indonesia	147	2%
Bangladesh	119	2%
United Republic of Tanzania	98	2%

http://w.apromiserenewed.org/wp-content/uploads/2015/10/APR-2015-UNICEF-final.pdf

Scope of the Problem Morbidity and Mortality in under-5s

FIG.1 Both the under-five mortality rate and the number of under-five deaths have fallen by more than half since 1990 Global under-five, infant and neonatal mortality rates and number of deaths, 1990–2015

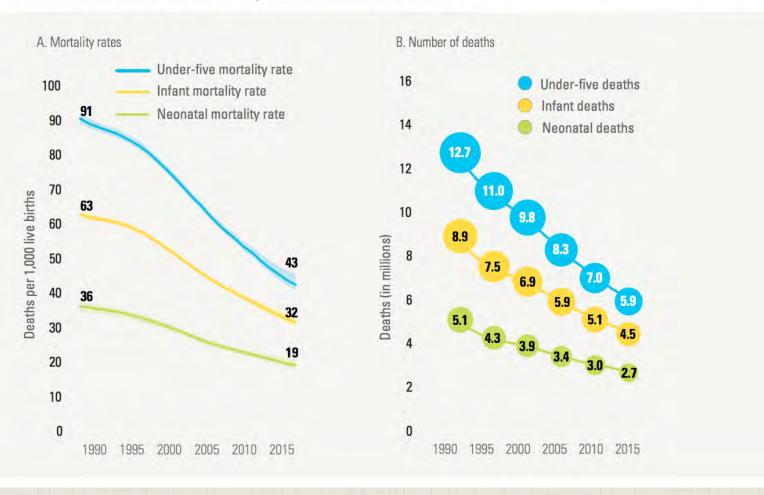
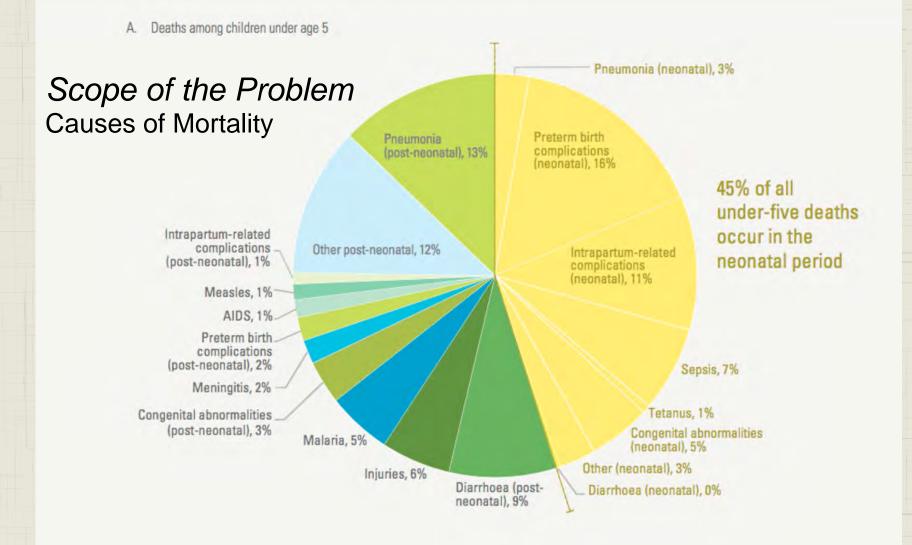


FIG. 16 Despite progress, key infectious diseases remain the main killers of children under age 5; preterm birth and intrapartum-related complications are responsible for the majority of neonatal deaths

Global distribution of deaths among children under age 5 and among newborns, by cause, 2015



Scope of the Problem Root Causes

FIG. 14 Children from poor, rural or low-maternal-education households are much more likely die before their fifth birthday

Under-five mortality rate by mother's education, wealth and residence, 2005-2010

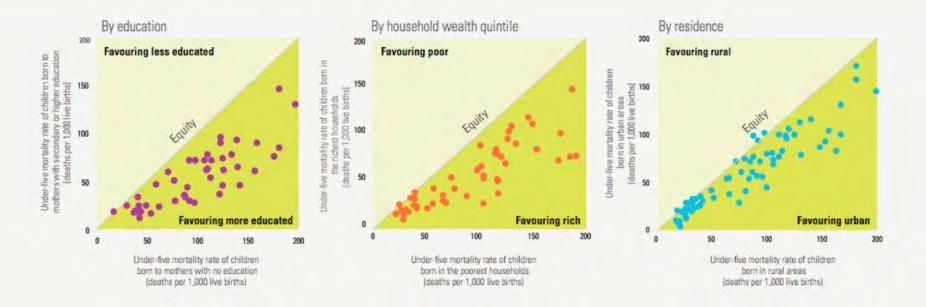
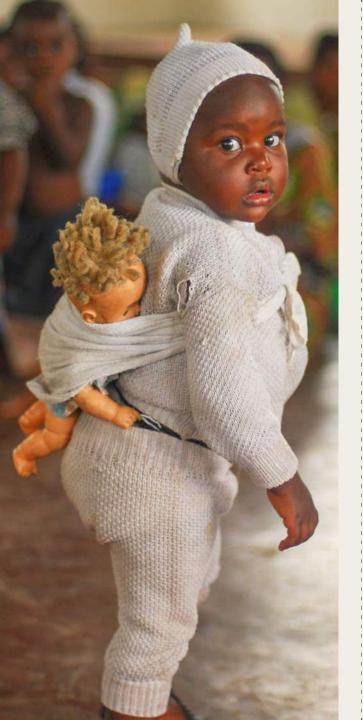


Figure 14 reflects the disadvantages faced by children from poor families, rural households or mothers without education. The line through the centre of each figure shows what an equal distribution of under-five deaths between the two groups would look like. The further a point departs from the line, the more unequal the distribution of risk between the two categories. The heavy grouping of nearly all the points below the diagonal line makes clear what the data above describe: Children from wealthier families, urban households or mothers with at least secondary education stand a far better chance of surviving their early years than children from poorer families, rural households or mothers without education.

Note: Each dot represents one country. Data from surveys with the most recent reference year since 2005 are shown for 46 countries for education, 50 for wealth and 68 countries for place of residence.

Source: UNICEF analysis based on Demographic and Health Surveys (DHS), Multiple Indicator Cluster Surveys (MICS) and other nationally representative sources



State of the World's Children through the lens of Justice and Mercy

God's Passion is for Justice

Isaiah 1:17, 61:8

God's Passion is for the Weak

Psalm 140:12, 36:7, 72:4

Matthew 19:14

God's Passion is for Mercy

Micah 6:8

Zechariah 7:9

Evidence-based Interventions

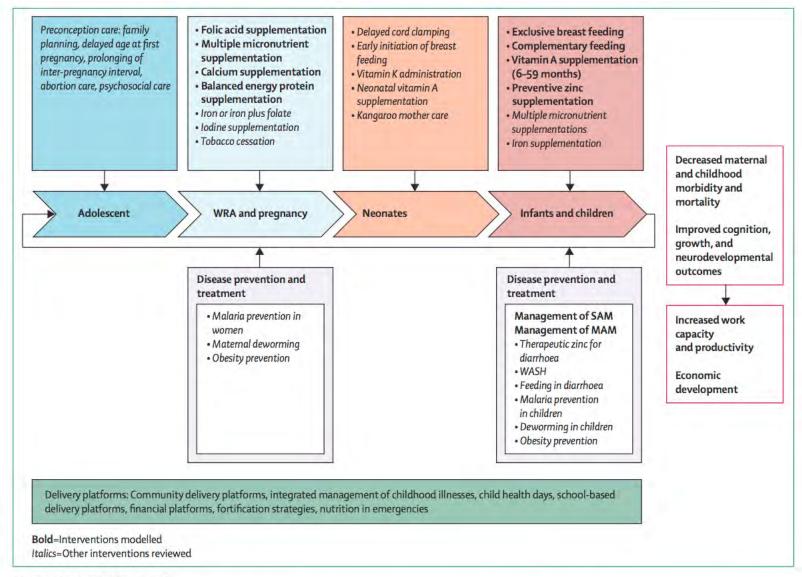


Figure 1: Conceptual framework

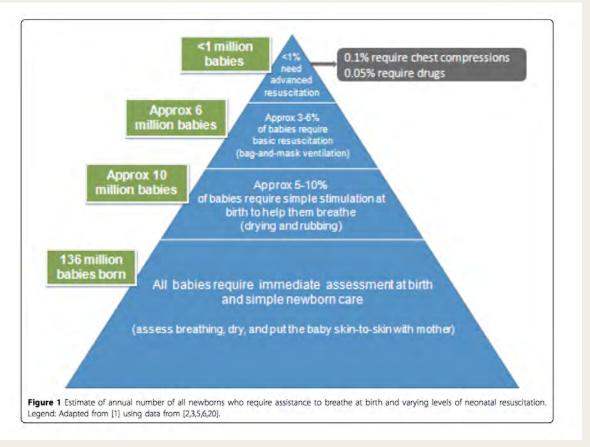
WRA=women of reproductive age. WASH=water, sanitation, and hygiene. SAM=severe acute malnutrition. MAM=moderate AM.

http://www.wageningenportals.nl/sites/default/files/resource/lancet_series_2013_article_2.pdf

Evidenced-based Interventions

Safe Delivery, newborn resuscitation and care

→ 30% reduction in risk of death (BMC Public Health 2011, 11(Suppl 3):S12)



http://www.biomedcentral.com/content/pdf/1471-2458-11-S3-S12.pdf



More Evidence-based Interventions

Breast-feeding

Exclusive breast-feeding within 24 hours of birth

→ 44% reduction in risk of death (Z.S. Lassi et al. / EBioMedicine 2 (2015) 985–1000)

Immunizations, Vitamin A, malaria prophylaxis

Vitamin A supplementation

→leads to 25% reduction in all-cause childhood mortality

(Imdad A, Herzer K, Mayo-Wilson E, Yakoob MY, Bhutta ZA. Vitamin A supplementation for preventing morbidity and mortality in children from 6 months to 5 years of age. Cochrane Database of Systematic Reviews 2010, Issue 12.)

Evidence-based Interventions 45% of deaths under-5 are attributable to malnutrition

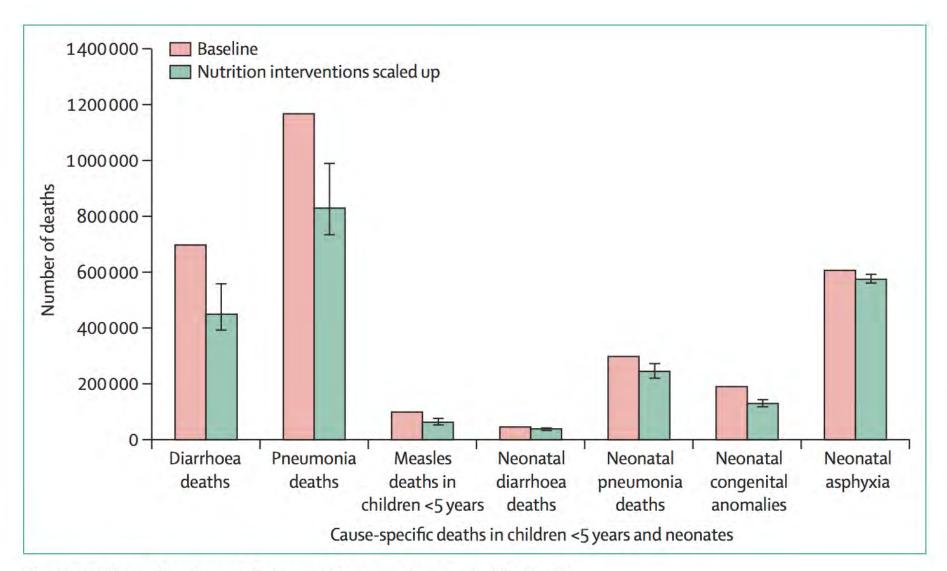
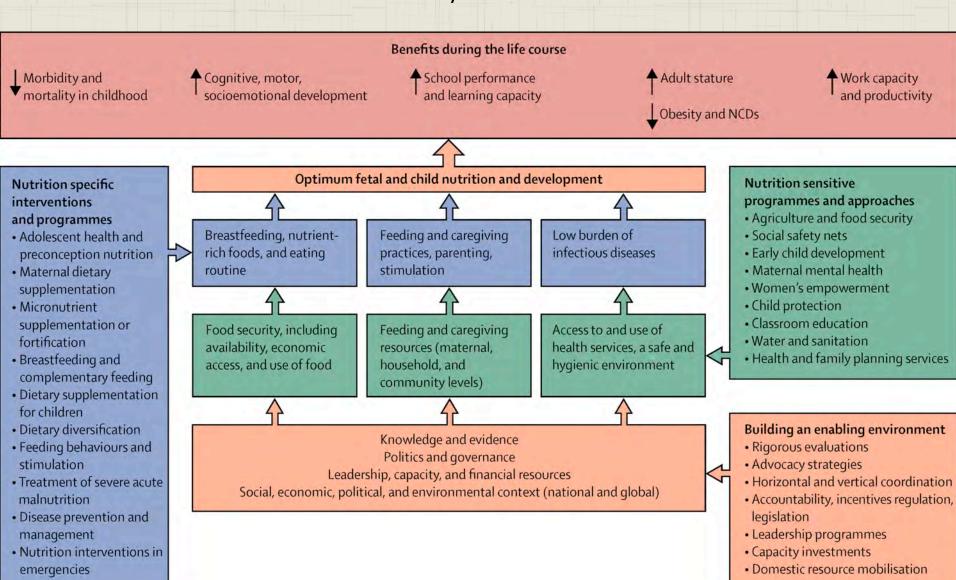


Figure 4: Effect of scale up of interventions on cause-specific deaths

Evidence-based Interventions: Malnutrition Prevention and Treatment

45% of under-5 mortality attributable to malnutrition



	Estimated deaths (2011)	Deaths averted (2025 vs 2011)	
		Historical trends (2025)	Ambitious scale-up (2025)
All deaths			
Children aged <5 years	7038418	1821329 (26%)	2378492 (34%)
Neonatal deaths	2918004	787783 (11%)	874 217 (12%)
Infants aged 1-59 months	4120414	1033546 (15%)	1504275 (21%)
Diarrhoea deaths			
Children aged <5 years	711569	382 415 (54%)	673743 (95%)
Neonatal deaths	49 902	16 016 (2%)	35 174 (5%)
Infants aged 1–59 months	661667	366399 (51%)	638 569 (90%)
Pneumonia deaths			
Children aged <5 years	988 578	499 859 (51%)	662 495 (67%)
Neonatal deaths	326308	150143 (15%)	224501 (23%)
Infants aged 1–59 months	662 270	349716 (35%)	437 994 (44%)

Results are based on implementation of 15 interventions: improved water source, hand washing with soap, improved sanitation, hygienic disposal of children's stools, breastfeeding promotion, *Haemophilus influenzae* type b vaccine, pneumococcal vaccine, rotavirus vaccine, vitamin A supplementation, zinc supplementation, oral rehydration solution, zinc for diarrhoea treatment, antibiotics for dysentery, oral antibiotics for pneumonia, and case management.

Table 4: Diarrhoea and pneumonia deaths averted in the 75 high-burden Countdown countries between 2011 and 2025 with the historical trends and ambitious scale-up approaches

Lessons and Best Practices

Partnership and Relocation

Prevention and Cure (both-and)

Training Others as You Go

Gathering Data

Be Part of a Team

Advocacy: Be the Voice of the Vulnerable

Partnership and Relocation

No substitute for living among the people you want to help





Prevention and Cure

Important to care for the sick
AND
to address root causes of sickness



Training Others as You Go

Important to equip others to multiply your effect

Gathering Data

Important to measure your impact

Count something!

Monitor your progress. Evaluate your impact.



Being Part of a Team

Community is a critical ingredient for impact and longevity



Advocacy

Be the Voice of the Vulnerable

Children often don't have anyone advocating for their needs



Next Steps..

Pray

For specific missionaries

For justice for children

For God's leading in your life (the intersection between the needs of the world and the desires of your heart)

Study/Train

Develop skills to benefit children

Medicine (MD, RN, PT/OT, Child Life)

Teaching (Education, Youth Ministry, Arts/Music)

Sports (Coaching, Discipleship)

Support

Seek out organizations which protect and benefit children Seek out organizations which promote family resilience

Grace at the Fray

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